



Issue 16 October 26, 2022

St Joseph's School

10 Ina Avenue, Ottoway SA 5013
Telephone: (08) 8415 1100
Email: info@stjotto.catholic.edu.au
Website: www.stjotto.catholic.edu.au

In All Things Love

Uniform Shop
Open on Monday and Fridays
8.30 am to 9.30 am

Playgroup
Friday - 10.00 am to 11.30 am

Out of School Hours Care
Daily Except Tuesday
7.30 am to 8.30 am
and 2.45 pm to 6.00 pm

Tuesday
2.45 pm to 6.00 pm
Bookings essential
Mobile: 0437 863 067

St. Maximilian Kolbe Parish
Priest - Fr Marek Ptak CR
Phone: (08) 8447 3223

Mass Times
Saturday 6.30 pm
Sunday 8.30 am English &
10.30 am Polish

Weekday 6.30 pm English & Polish
Except Tuesday
(check with Parish)

Newsletter

Our brilliant Festival Choir!



The Anthem singers including Rebecca in the front row

Third and fourth rows from the top



Intent listening in the Green Room



Year 6s welcome Fred's Van



Fred's Van coordinator, Teresa Branch, was greeted by our Yr. 6s last term as part of their *Journey to Emmaus* program. The students now have a greater understanding of this St Vinnie's mobile food service, which provides hot meals, fruit and drinks, blankets, socks and beanies to the homeless and hungry.



This year's St Joseph's Talent Show (9 Nov) will support Fred's Van.



We acknowledge that our school is on Kaurna country. We recognise and respect the Kaurna people as the continuing custodians of the Adelaide Plains and pay our respect to Elders past and present.

Principal News

Welcome to Term 4.

I hope you and your family had the opportunity to rest and refresh in preparation for this term.

It has been pleasing to see our children return to school after the recent holiday break refreshed and settled. At St Joseph's School we talk a lot about the **5 Keys to Success**; Confidence, Resilience, Persistence, Getting Along and Organisation. Children have been busy putting the Keys to Success into practice. This has been evident through their engagement in the learning opportunities presented to them throughout each day and the way they have been interacting with each other both in the classroom and school yard.

Catholic identity

During Week 9 of Term 3 our school once again participated in the Religious Literacy Assessment Tool (ReLAT) test, an assessment in Religious Education for all Year 4 students in South Australian Catholic Schools. Religious Education (RE) is a core Learning Area in all Catholic schools. It is a foundation for all learning and is integrated into the life of the school through prayer, liturgy, community building and social justice programs.

ReLAT focuses on knowledge content which is core to the Year 3/ 4 Crossways Religious Education curriculum. Our children have been engaging in the new Religious Education curriculum for over two years. As a basic knowledge test, ReLAT complements the continuous, fuller, and deeper assessment of learning that occurs in the RE classroom. The ReLAT assessment is not a measure of a child's faith nor their participation in the broader life of the Catholic community.

The ReLAT assessment tool is an online multiple-choice test with 35 questions. The data from the ReLAT assessment is collated and used by the school to inform whole-of-school professional learning needs and the continuous improvement of teaching in Religious Education.

Curriculum News

I have included two mathematical tasks which you might like to have a go at with your child/children.

This week's Mathematical tasks:

Reception to Year 3

Write down everything you know about the number 6.

I have written a secret number between 10 and 30. It is an even number. What might it be?

Years 4-6

Three consecutive odd numbers add to give a number between 130 and 150. What might the numbers be?

I am thinking of a number. If I divide the number by 5 there is a remainder of 2. If I divide the number by 6 there is a remainder of 2. What might my number be?

Happy inquiry.

Reading is another core learning area here at St Joseph's School. Children develop their reading skills, knowledge and understanding by reading regularly. At St Joseph's School regular reading at home forms a major part of homework set each evening. Why not create regular timeslots throughout the week whereby all electronic devices in the home are turned off and members of the family spend 15 minutes reading together.

Happy reading.

English Language Class for Migrant Parents

In the past St Joseph's School has offered an English class for Parents for who English is not their first language. As a school we are keen to offer this opportunity once again to our parents. Our School Chaplain Michelle Dinning will facilitate the English class for our parents from 9:00am to 10:00am each Thursday morning. Michelle is a qualified teacher who is well known to our school community through her current role as School Chaplain. If you would like to be a part of the English class being offered, please contact the front office.

How do you Practice Mindfulness?

There are two main ways of practising mindfulness. The first is 'formal' practice, otherwise known as mindfulness meditation. This means sitting in a chair doing nothing other than paying attention in a mindful way, whether that's for 40 minutes or doing a mini meditation for one minute. The second way to practise mindfulness is 'informal' practice. This means being mindful in our day-to-day life while we're doing things, for example, paying attention when in class, while driving or washing the dishes.

Meditation is a traditional pathway. Mindful meditation can be practised in a variety of ways such as moving attention through various parts of the body (body scan) or concentrating on the breathing. In either case, you're using the sense of touch while observing (but not reacting to) any thoughts or feelings that come up. Simply practise noticing experiences, thoughts and emotions with a sense of curiosity rather than judgment and, if the attention wanders to the past or the future, keep gently bringing the attention back to the body or breathing.

Here's how to give breath meditation a try:

- Let yourself be free of any expectations about how the meditation should go
- Adopt a relaxed but upright sitting posture with the eyes closed
- When settled, using the sense of touch, focus the awareness on the breath
- Observe and acknowledge what's being experienced in that moment, without trying to change thoughts or feelings or to solve any problems that arise
- Focus as you breathe at the point where the air enters and leaves the body
- If strong thoughts or feelings arise, practise making space for them without resisting or fighting them, all the while gently refocusing the attention back on the breath

After the time you gave to practise, gently open your eyes, reconnect with the environment, and then gently move onto whatever needs your attention.

You may want to start with five or 10 minutes of meditation once or twice a day and then build it up as you become more comfortable with the practice.

To learn more about how you can support the Social and Emotional Learning and Wellbeing of your child visit **Be You** (formerly Beyond Blue) <https://beyou.edu.au/dashboard/resources/fact-sheets>

Safety Around Ina Avenue Pick Up/Drop Off Points

A friendly reminder to ensure that for safety reasons, you park outside of the yellow lines adjacent to the school crossing on Ina Avenue when picking up/dropping off children. Drivers are also reminded that the disabled parking spaces at the front of the school are reserved for those with a disability. Alternative parking before and after school (along with school access) is available along Rosewater Terrace. The local council has informed the school that they have resumed enforcing parking regulations around schools now that Covid 19 restrictions have eased. As a school community we are seeking your support in following the parking regulations in place outside of the school.

Skool Bag App

To keep up to date with what is happening within our school along with upcoming school events why not download the **Skool Bag App** from the App Store on your mobile phone. Once downloaded simply search St Joseph's School, Ottoway and add to your Skool Bag page. Many of our families currently use the **Skool Bag App** to keep up to date with what is happening across our school.

In addition, our school website **News and Events** link is regularly updated to assist our families in keeping up with what is happening across our school.

I hope you have a positive end to the working week and an enjoyable weekend.

Working in partnership with you.

Shaun O'Leary.

2023 Sacrament Program

Dear Parents and Carers,

We are preparing to begin our 2023 Sacrament Program group. Catholic children from Year 3 to Year 6 can nominate to be prepared for the Sacraments of Reconciliation, First Eucharist and Confirmation. I have checked our records and note that your child might be interested in joining our group. Can you please indicate on the form below your choices and return it to the office or email me at smccullough@stjotito.catholic.edu.au

We have no dates available for these celebrations, but families will be advised of these as they come to hand from the parish.

Every second year at St Joseph's School, students are invited to be a part of the Sacramental preparation program.

The Sacramental journey in the school context follows on from Baptism and includes the celebration of the Sacraments of Reconciliation, First Eucharist and Confirmation.

Thank you to everyone who has joined the program so far. If you are interested in receiving an enrolment form or would like to find out more about the Sacramental program, please fill in the slip below and return to the front office.

Kind regards,

Simon McCullough

APRIM

I would like for my child to join in the 2023 Sacramental program.

My child is already baptised: Yes No

I would like to enrol them in Reconciliation

I would like to enrol them in First Eucharist

I would like to enrol them in Confirmation

Child's Name..... Class:.....

Parent's Name..... Signature:.....

Next Mass – You are very welcome to join us in the Church at 10am on Tuesday 1st November for the All Saints Mass.

Zoo trip The whole school excursion we missed in Term 1 due to Covid was rescheduled to Wednesday 28/9/22. It was a wonderful day out for us all and well supported by parent volunteers. We are now organising an excursion for Term 1 2023 as a continuation of our formation of relationships and positive experiences together in our school.

APRIM News Continued

Volunteers

We are encouraging parents to volunteer and will be advertising the following in newsletters for the remainder of the term:

We would love to see you join us as a volunteer. There are a range of ways to be involved and we greatly appreciate opportunities to work with you and get to know your family. Volunteering requires that you complete a process of induction and also some online training in child protection called, 'Responding to abuse and neglect.' All people who work with children are required to do this training. If you would like to volunteer, you will need to complete the following;

Speak with Tanya and Anne about a Working with Children check which the school will lodge on your behalf. There is also a personal information form to complete which includes your contact details and those we would contact in an emergency.

Complete the required Child Protection training – Responding to abuse and neglect for volunteers. This will take an hour or two and it is done online. Follow the instructions below to locate this training. You will need to register for a PLINK number to access the training on the Department for Education website.

Provide the school with a copy of your child protection training certificate. This will be accessible at the end of the training module - Responding to abuse and neglect for volunteers.

Follow this link to register and get your plink number. This will allow you access to the training.

<https://www.plink.sa.edu.au/pages/signup.jsf>

Then access the training through this website:

<https://www.plink.sa.edu.au/pages/external-dashboard.jsf?menuId=1104&locale=en-GB&showbundlekeys=false#/?dashboardId=6>

Thanks very much for considering becoming a volunteer, we respect and value your time very much. Please let me know if you have any questions. My email is smccullough@stjotito.catholic.edu.au

Parents and Friends News

We are looking at re-establishing the P&F at our school. P&F was put on hold due to COVID but now that we have a bit more certainty with regard to isolation rules we would like to see the P&F once again become a vibrant part of our school community.

P& F members are Volunteers so you will need to complete the Volunteer requirements (see above).

If you are interested in being on the P&F Committee please complete the section below and return it to the front office.

I would like to join the P&F.

Name: _____

Phone Number: _____

Child's Name: _____

Child's Class: _____

Chaplain News

English classes on a Thursday morning

9-10am - in the Staffroom.

Please contact Front Office 8415 1100 if you would like to join.

We look forward to welcoming you!



Important

We have a new phone number - **8415 1100**.

Please change our number in your Contacts.



The Apps We Use



The Skool Bag App is used to keep you up to date with what is happening within our school. This is an information tool and we recommend that all families have this App.



The Qkr! App can be used to:

- Order from the Canteen
- Pay school fees
- Pay OSHC fees
- Book into Occasional Care (limited spaces and the app is open from Noon on Tuesdays until Noon Wednesdays)

School Calendar

Term 4, 2022

October		November		December	
31	School Board Meeting 5.30 pm	9	Talent Show Fundraiser for Fred's Van	6	Third Transition Morning 9.15 am—11.15 am
		18	Pupil Free Day OSHC available—please book ahead	9	St Joseph's on the Green
		22	First Transition Morning 9.15 am—10.45 am	14	Year 6 Graduation & Dinner
		27	Semaphore Street Fair School Band performing	16	Term 4 Concludes 12.30 pm
		28	School Board Dinner 6.00 pm		
		29	Second Transition Morning 9.15 am—10.45 am		